

Multi-County Cancer Support Network Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore, Warren

Volume 23, Number 8

OFFICERS

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REPRESENTATIVES

Roxanne Johnson - Grundy County Cathie Brown - Marion County

MCCSN is a registered section 501 (c) (3) nonprofit organization

Office Manager: Dottie Darnell

Office Hours: 8:00 a.m. - 11:30 a.m. 12:30 p.m. - 4:00 p.m. Tuesday, Thursday, Friday

Mailing Address: P.O. Box 1355 Office Address: 110 East Lauderdale Street Tullahoma, TN 37388

Contact Numbers: 931-393-4443 800-497-4322 Fax: 931-393-4413

Website: www.mccsn.org

E-mail: mccsn@lighttube.net

Newsletter Volunteer: Ann Powell

Newsletter published monthly with exception of January; also available on the website



Reminders...

• Get your tickets for the beautiful Dresden Flowers quilt from a member of the Materials Girls' Quilt Guild, the MCCSN office, the Gift Shop at the Southern Tennessee Regional System hospital in Winchester or at Quilting Dreams in Tullahoma. The quilt will be on display at the Gift Shop at the hospital during the month of August. Be the lucky winner of this beautiful quilt! Drawing will be at the Walk-A-Thon.

• Get forms for candles for the candlelight service and survivor shirts from the Website: <u>www.mccsn.org</u> and from the insert included with this newsletter. Feel free to make copies as needed.

• Teams are requested to fax (931/393-4413) or call in (931/393-4443) their member's shirt sizes. This will enable MCCSN office personnel to have them ready for pick up. No waiting!

• Sponsorships are available from businesses at three levels; Run: donate \$1000; Walk: donate \$500; Crawl: donate \$250.

• Last date for team names, memorials, and honorariums to be shown in the Walk-A-Thom booklet is Thursday, August 24. Last date for sponsorships to be included in event materials is August 8. (continued pg. 2....) August 2017

Looking Ahead

Third Quarter Support Meeting Thursday, August 31, 2017 6:30 p.m. MCCSN office 110 E. Lauderdale - Tullahoma

This will be the annual MCCSN picnic; kick-off for the Walk-A-Thon and Bingo night

Everyone is asked to bring a covered dish and one item to be given as a prize

BBQ furnished!

Mark your calendar!!

MCCSN Quarterly Report

April 1 through June 2017

Total number of families helped: 49 Total amount expended: \$22,368.42

Thanks to all MCCSN supporters who made this assistance possible.

"It takes but one positive thought when given a chance to survive and thrive to overpower an entire army of negative thoughts." — Robert H. Schuller

Note for Newsletter Volunteers

The September newsletters will be ready to prepare for mailing Tuesday, August 22, 9:00 a.m., at the MCCSN office. See you there!



Reminders. . . (continued from pg. 1)

- Plan the theme for decorating your team's tent. Use your imagination and have fun! Remember to include your team or organization name. Decorations should be family friendly and safe; no candles or open flames (Tiki torches i.e.). Be ready for judging by 7:30 p.m.
- The Circle of Light candles (located in the inside circle) are given by MCCSN in memory of those who have lost their battle with cancer since the last Walk-A-Thon (Sept 2016). If you know of anyone who should be included in the Circle of Light, please call the office no later than August 24.
- NO bikes, skate boards or dogs, except for service dogs, will be allowed during the Walk-A-Thon this year.
- Unable to walk or be part of a team? No problem! Come and enjoy the entertainment from the stadium bleachers, the refreshments, other activities and fellowship.

Keep these in prayer

(Your help in keeping the prayer requests updated is appreciated. Names are in bold print when first added.)

Bedford:	Coffee:	Franklin:	Lincoln:	Marion:
William Jeffery Allison	Paula Adams	Mario Braston	Jason G. Alverson	Randy Ables
Wayne Kinzer	Jimmy Andrews	Dwight Daniel	Patric Bennett	Glenn Broyles
Fred Reed	Vivian Brandon	L. C. Daugherty	Lou Ann Blackwell	Sonny Burdick
John Rippy	Hazel Carmack	Michael Edwards	Jackie Glenn Bryant	Doyle Henry
Joseph Sanders, Sr.	Kimberly Eidel	Susan Elliott	Bonnita Coulter	Donna Floyd
John Thomes	Andrea Farrar	Sammie Finney	Donna Crim	Janice Haney
	Wrenea Farrar	Katherine Goodman	Linda Dell	Charles Holloway
Grundy:	Billy M. Hamby	Larry Goodman	Sherry Fentress	Ricky Kilgore
Phyllis Woods Brown	Sandy Hamlet	Pamela Grant	James Lee Fox	Dennis Lofty
Cindy Fults	Janice Hawkins	Andrew Hill	Debra W. Griggs	Debra Payne
Kenneth Haynes	Jerry Hegwood	Billie Gail Hill	Sandra Hardin	Terry M. Rollins
Melinda Killian	Ira Jernigan	Hershel W. Hill	Jewell Harper	Jeff Turner
Olline Roberts	Cassie Landis	William (Bill) Keller	Myrtle Hutcherson	Mary Juanita Wynne
Cina Siddall	Jerry Lusk	Barbara Manges	Charles Mires	
Mary Songer	Crystal Martin	Alicia Miller	Patricia Moore	Moore:
Kathy Ann Tate	Shirley McCool	Leslie Nard	Charles Phipps	Terri Burton
	Claire Miller	Becky Rampy	Vickie Ray	Gill Christian Jason Lee Conn
Georgia	Michelle Mills	Delbert Reed	Kathy Spicher	Clarence Cunningham
Larry Shelnutt	Edward Pressley	Stacey Relford	Judy Stovall	Melissa Thomas
	Mark Rider	Jack Ross Katherine Sanders	Unie Waggoner Sidney "Alex" West	Melissa momas
Tennessee	William C. Simmons	Fred Shetters	Kathy Williams	Warren:
Marshall County:	Joyce Taylor	Harold A. Short. Sr.	Katie Womack	
Wendy Patterson Geeting	Leigh Trail	Harold Smith	Ricky Wright	Patsy Bosansky
Deberteen Oormete	Karen Tyler	Ronnie D. Steele	Tommy Wright	Cynthia Donovan
Robertson County:	Eunice Vickers	Claude Vann	· • · · · · · · · · · · · · · · · · · ·	Donald Hollandsworth
Joan Ayres	James Wilson Nellie Winton	Ray Weaver		Fran Klasek Vernon McCormick
Rutherford County:		Danny Winn		Dean McMillen
Holly Bechard				Betty Reagon
Robin Robertson				Joseph Schoof
NUDIT NUDERSON				Joseph School

Memorials received

In Memory of

Harold Bone by Dripping Springs Friends & Neighbors

Charles T. Brewer by Huntland High School Friends & Classmates of Classes 1960-1961-1962

Andy Goodman by Johnny & Diana Seals

Jean Kalt by Millie M. Walker

Raye Lee by Sharann S. Keller

Sherman Lehr by Harris Chapel United Methodist Church

Stella Readus by Jim, Carol & Meredith Burton Dottie & Terry Darnell Jeff & Nicole Norman family Sara Norman

Dale Shasteen by Sharann S. Keller

Janet Torstenson by Dianne & Harold Miller

Becky Weatherspoon by Jim, Carol & Meredith Burton

> "To live in the hearts of those we love is to never die." — Thomas Campbell

Volunteers needed

Volunteers are needed for assistance in the office and at the Walk-A-Thon. Time is one of the most valuable things we have, so if you have the desire to serve, we can certainly use your help. Call the office at 393-4443 to offer your time and talent. Deepest sympathy to the families who have lost loved ones including the families of Ricky Joe Maddox Stella Readus Debi Rogers



"Trust in him at all times, O people, pour out your heart before him; God is a refuge for us." — Psalm 62:8 NRSV

Donations received

Anonymous David Baldovin Jonathan Bird Kroger Community Rewards PayPal PayPal Giving Fund Marie Ramirez-Perez SVEC-ARES

"What lies behind us and what lies before us are tiny matters compared to what lies within us." — Ralph Waldo Emerson

Apology to Janie Woodall

MCCSN would like to apologize to Janie Woodall as her name was given incorrectly in the July newsletter as Janie Stovall.

We try to correct our errors, aiming to be accountable to our readers. It should have read Janie <u>Woodall</u> of Janie at Studio 1, Suite 300, 100 1st Avenue SW, Winchester.

Many thanks and much appreciation to Janie for the cleaning and styling she has done on the wigs for the cancer patients.

"One of life's gifts is that each of us, no matter how tired and downtrodden, finds reasons for thankfulness." — J. Robert Maskin

Meet another MCCSN Director



Get acquainted with Ann Crockett Richardson, one of the newer additions to the board of directors. See article on the back page.

MCCSN very much appreciates Ann's willingness to serve on the board and, above all, to serve this organization's clients.

> "Every thought is a seed. If you plant crab apples, don't count on harvesting Golden Delicious." — Bill Meyer



Get a head start!

Camp Bluebird's fall session is in September. Named for the bluebird houses that are crafted during the three-day, two-night retreat, Camp Bluebird provides adult cancer patients with education, support, and encouragement in living life after a cancer diagnosis.

Although details are not yet online, when available they can be found at <u>www.campbluebirdnashville.org</u> and also on Facebook. Information may be obtained earlier by contacting Irene Bradford, camp director for Middle Tennessee Camp Bluebird, <u>ibradfor@bellsouth.net</u> or 615-477-4439.

Don't delay! Get an application in as positions do fill up quickly.

Multi-County Cancer Support Network P. O. Box 1355 Tullahoma, TN 37388

RETURN SERVICE REQUESTED

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MAIL TO:

Meet another MCCSN Director

Ann Crockett Richardson is one of this organization's most recent additions to the board of directors, having started a three year term this year. Ann brings talents that are an asset to the position. She describes herself as a country girl who graduated from Martin High School, Martin TN and went on to the College of Pharmacy at the University of Tennessee – Medical Units 1963, Magna Cum Laude.

She worked at Tiptonville Drug Store in Tiptonville TN for two years. After marriage Ann moved to Memphis where she was associated with Methodist Hospital for thirteen years. In 1987, she relocated to Middle Tennessee where she was offered a pharmacy director position for management of both (then) Methodist Hospital of Middle Tennessee and Emerald Hodgson Hospital-Sewanee. The hospital changed ownership and management several times and Ann changed practice sites also. She has worked at Fred's Pharmacy – Fayetteville – 8 years; CVS Pharmacy –Decherd – 2 year; Bennett's Pharmacy – Winchester – 3 years, in accumulating a total of 30 years in pharmacy practice. She was instrumental in developing clinical programs at the hospitals where she worked.

Ann is a past president of Tennessee Society of Hospital Pharmacists and of Southeastern Society of Hospital Pharmacists. She has been the recipient of various leadership and service awards in sustained contributions to hospital pharmacy practice.

Did we mention Ann considers herself a 'country' girl? So, one would not be surprised that she enjoys country music! MCCSN is pleased to have Ann aboard. Another way besides this newsletter to get to know the officers and directors is to attend the quarterly support meetings – get to know them personally as well as other staunch supporters in attendance. Information about the next meeting can be found on page one of this issue.